

National Indigenous Peoples' Day June 21, 2025 a celebration



A reading list for June 2025 – National Indigenous Peoples' History Month

1. Acharibasam JB, Hurlbert M, Datta R, Lewis KW. **Meanings of indigenous land-based healing and the implications for water governance.** Explore 2024; epub ahead of print [link](#)
2. Adams E. **Can scientists and knowledge keepers sit comfortably together? an Indigenous physician's reflections on a decade of participatory research into First Nations nutrition, environment and health.** Can J Public Health 2021;112(sup 1):3- [link](#)
3. Ahmed F, Liberda EN, Solomon A, Davey R, Sutherland B, Tsuji LJS. **Indigenous land-based approaches to well-being: the Amisk (Beaver) Harvesting Program in subarctic Ontario, Canada.** Int J Environ Res Public Health 2022;19(12):7335- [link](#)
4. Ambtman-Smith VN, Crawford A, D'Hondt J, Lindstone W, Linklater R, Longboat D, Richmond C. **Incorporating First Nations, Inuit and Métis traditional**

healing spaces within a hospital context: a place-based study of three unique spaces within Canada's oldest and largest mental health hospital. Int J Environ Res Public Health 2024:epub ahead of print [link](#)

5. Barbo G, Alam S. **Indigenous people's experiences of primary health care in Canada: a qualitative systematic review.** Health Promot Chronic Dis Prev Can 2024;44(4):131- [link](#)
6. Brooks D, Johnston S, Parker C, Cox L, Brodie M, Radbourne C, MacAndrew M. **Elements of long-term care that promote quality of life for indigenous and First Nations peoples: a mixed methods systematic review.** Gerontologist 2024:epub ahead of print [link](#)
7. Brubacher LJ, Peach L, Chen TT-W, Longboat S, Dodd W, Elliott SJ, Patterson K, Neufeld H. **Climate change, biodiversity loss, and indigenous peoples' health and wellbeing: a systematic umbrella review.** PLOS Glob Public health 2024:epub ahead of print [link](#)

“... the health of Indigenous People transcends the absence of disease and is directly connected to the health and well-being of the physical, cultural, and spiritual environment including Land and Water.

Arachibasam et al. Explore 2024
[link](#)

8. Crocketta K, Lova S, Irvine A, Trask C, Oosmana S, McKinney V, et al. **“Navigating chaos”: urban, rural, and remote patient experiences in accessing healthcare with indigenous and non-indigenous perspectives of living with chronic low back pain.** Can J Pain 2024:epub ahead of print [link](#)
9. Defriend C. **You belong to everyone: perspectives on urban wellness by Vancouver Island elders at the Tillicum Lelum Friendship Centre.** Int J Indig Health 2024:epub ahead of print [link](#)
10. Goodchild M. **Relational systems thinking: that's how change is going to come, from our Earth Mother.** J Aware Based Syst Change 2021;1(1):75-
[link](#)
11. Groot G, Santos JDM, Witham S, Leeder E, Carr T. **“Somebody that can meet you on your level:” cancer survivors' perspectives on the role of indigenous patient navigators in cancer care.** Can J Nurs Res 2024;56(2):178- [link](#)
12. Henderson R, Furlano JA, Claringbold SS, Cornect-Benoit A, Ly A, Jennifer Walker J, Zaretsky L, Roach P. **Colonial drivers and cultural protectors of brain health among Indigenous peoples internationally.** Front Public Health 2024:epub ahead of print [link](#)

13. Hill KX, Johnston LJ, Blue MR, Probst J, Staecker M, Jennings LL. **Rematriation and climate justice: intersections of indigenous health and place.** J Climate Change Health 2024: epub ahead of print [link](#)
14. Joseph L. **Walking on our lands again: turning to culturally important plants and indigenous conceptualizations of health in a time of cultural and political resurgence.** Int J Indigenous Health 2021;16(1):165- [link](#)
15. Joseph L, Cuerrier A, Mathews D. **Shifting narratives, recognizing resilience: new anti-oppressive and decolonial approaches to ethnobotanical research with Indigenous communities in Canada.** Botany 2021;100:65- [link](#)
16. Josewski V, de Leeuw S, Greenwood M. **Grounding wellness: coloniality, placeism, land and a critique of "social determinants of Indigenous mental health in the Canadian context.** Int J Environ Res Public Health 2023;20(5):4319- [link](#)
17. Kairies J-VD, Rice EJ, Stutz S, Tan SWY, Simard A, Ross H, Mashford-Pringle A. **Transform[ing] heart failure professionals with indigenous land-based cultural safety in Ontario, Canada.** PLOS One 2024: epub ahead of print [link](#)
18. Littlefeld C, Stollmeyer M, Andrée P, Ballamingie P, Levkoe CZ. **Exploring settler-Indigenous engagement in food systems governance.** Agricult Human Values 2024: epub ahead of print [link](#)
19. Lyeo JS, Michael D, Wong MD, Clyke N, Big Canoe B, Kinnear P, Stopps H, Spence ND, Haines SR. **Ten questions concerning First Nations on-reserve housing in Canada.** Build Environ 2024: epub ahead of print [link](#)
20. McGlynn-Stewart M, Maguire N, Budge L, Sales A-L, Patterson E. **Learning from Indigenous perspectives: wellbeing in the early years.** Learning Landscapes 2024: epub ahead of print [link](#)
21. Meng C, Brown H. **Exploring the relevance of Indigenous knowledges to dementia care in nursing.** Nurs Philos 2025: epub ahead of print [link](#)
22. Pilarinos A, Field S, Vasarhelyi K, Hall D, Fox D, Price R, Bonshor L, Bingham B. **A qualitative exploration of Indigenous patients' experiences of racism and perspectives on improving cultural safety within health care.** CMAJ Open 2024;11(3):E404- [link](#)
23. Redvers N, Hartmann-Boyce J, Tonkin-Crine S. **Patient-planetary health co-benefit prescribing in a circumpolar health region: a qualitative study of physician voices from the Northwest Territories, Canada.** BMJ Open 2024: epub ahead of print [link](#)
24. Rice E, Mashford-Pringle A, Qiang J, Henderson L, MacLean T, Rhoden J, Simms A, Stutz S. **Frameworks, guidelines, and tools to develop a learning health system for indigenous health: An environmental scan for Canada.** Learn Health Syst 2024: epub ahead of print [link](#)

25. Rotz S, Xavier AL, Robin T. **"It wasn't built for us": The possibility of Indigenous food sovereignty in settler colonial food bureaucracies.** J Ag Food Syst Comm Dev 2023;12(3):93- [link](#)
26. Sehgal A, Henderson R, Murry A, Crowshoe L, Barnabe C. **Advancing health equity for indigenous peoples in Canada: development of a patient complexity assessment framework.** BMC Primary Care 2024:epub ahead of print [link](#)
27. Sinclair M, Allen LP, Hatala AR. **Promoting health and wellness through Indigenous sacred sites, ceremony grounds, and land-based learning: a scoping review.** AlterNative – Int J Indig Peoples 2024:epub ahead of print [link](#)
28. Stanimirovic A, Francis T, Webster-Bogaert S, Harris S, Rac V, on behalf of the LIONESS study group. **The TRANSFORMATION of IndiGENous PrimArY HEalthcare Delivery (FORGE AHEAD): economic analysis.** Health Res Policy Syst 2024:epub ahead of print [link](#)
29. Zhang T, Dorian R, Sewapb S, Johnson R, Foulds H, Bath B, Lovo S. **Community directed assessment of pain in a northern Saskatchewan Cree community.** Int J Circumpolar Health 2024:epub ahead of print [link](#)

important links

Beyond 94 This site provides up-to-date status reports on each call to action, as well as extensive summaries explaining those status reports. It includes in-depth features and short video documentaries that tell some of the community stories behind the calls to action. It also features residential school survivors sharing their experiences. [link](#)

Calls for Justice: **Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls**, 2019: [link](#)

First Nations Child and Family Caring Society of Canada: **Spirit Bear Plan: End Inequalities in Public Services for First Nations Children, Youth and Families.** [link](#)



The Symbols

Among the various visual elements illustrating Indigenous cultures, the sun represents the summer solstice. First Nations, Inuit and Métis as well as the four elements of nature (earth, water, fire and air) are represented by different symbols and colours. The visual is supported by a multicoloured smoke* reminding us of Indigenous spirituality but also the colours of the rainbow, symbol of inclusion and diversity of all First Nations, Inuit and Métis communities and their members.

*Smoke is used in different ways by all three Indigenous groups in Canada. Whether it is to smoke fish and meat, to burn sage and tobacco, or for sacred ceremonies or celebrations, it is a significant symbol in Indigenous cultures.

Description of the three icons

- The eagle represents First Nations
- The narwhal represents Inuit
- The violin represents Métis