

A recommended reading list from your health sciences library April 2025 - focus on equity -



Aging in place

1. Washington SE, Edwards E, Fink A, Radocha L. **Inclusive practices for aging in place: environmental and home modifications for older adults.** Am J Occup Ther 2025:epub ahead of print [abstract](#)

The Canada Health Act viewed through an equity lens. Healthcare Papers
Quesnel-Vallée A, Arpin E.
[abstract](#)

Allyship and brain health

2. Illes J, Perreault ML, Bassil K, Bjaalie JG, Taylor-Bragge RL, Chneiweiss H, Gregory TR, Kumar BN, Matshabane OP, Svalastog AL, Velarde MR. **Two-eyed seeing and other Indigenous perspectives for neuroscience.** Nature 2025:epub ahead of print [abstract](#)

Chaos and order - world views

3. Fraiha YA, Ahmed A, Alon N, Helperin A. **Health care bridges – pathways toward trust in Gaza and beyond.** New Eng J Med 2025;392(11):1145- [abstract](#)
4. Rubin EJ. **Order out of chaos.** New Eng J Med 2025;392(11):1229- [link](#)

Client and caregiver experience

5. Young S, Walter S, Wang K, Piamjariyakul U, Lewis F. **The influence of spirituality on caregiver burden and quality of life in older adult informal caregivers.** Geriatr Nurs 2024;58:127- [abstract](#)

Delirium

6. Bisson DE, Burgess SCC, Gamache ME, Dunn MP, Valeras AB, Lindpaintner LS. **Innovation in delirium care: a standardized intervention to reverse inattention using touch and movement.** J Am Geriatr Soc 2025;73(4):1008- [abstract](#)

Dementia diagnosis and care

7. Brath H, Wiesenfeld L, Stall NM. **Five things to know about: non pharmacologic management of the behavioural and psychological symptoms of dementia.** Can Med Assoc J 2025;197(11):E298- [abstract](#)
8. Chukrun T, Tran O, Hobbs K, Taylor JB. **An innovative model of behavioral healthcare for older adults with serious mental illness, substance use disorders, and dementia.** J Am Geriatr Soc 2025;73(4): 1237- [abstract](#)
9. Manietta C, Rommerskirch-Manietta M, Purwins D, Knecht C, Roes M. **'Firstly, I'm not treated like a fool.'—the perspective of people with dementia on a dementia-friendly hospital.** Age Ageing 2025:epub ahead of print [abstract](#)
10. Sadowska K, Turnwald M, O'Neil T, Maust DT, Gerlach LB. **Behavioral symptoms and treatment challenges for patients living with dementia: hospice clinician and caregiver perspectives.** J Am Geriatr Soc 2025;73(4):1094- [abstract](#)
11. Wilfling D, Kühn A, Lüth F, Berg A, Klatt T, Meyer G, et al. **Process evaluation of an intervention to reduce sleep problems in people living with dementia in nursing homes: a mixed-methods study.** Age Ageing 2025:epub ahead of print [abstract](#)
12. Yang KL, Kelble L, Felten K, Carlsson CM, Clark LR. **Memory screening in the community: Facilitating earlier dementia diagnosis and care-preliminary data.** J Am Geriatr Soc 2025;74(3):1227- [abstract](#)

“the most important thing is how we treat each other ...”

Manietta C, Rommerskirch-Manietta M, Purwins D, Knecht C, Roes M.
'Firstly, I'm not treated like a fool.'—the perspective of people with dementia on a dementia-friendly hospital. Age Ageing 2025:epub ahead of print [abstract](#)

Dementia risk

13. Kawaguchi K, Maeda M, Murata F, Nakashima Y, Fukuda H. **Association of low bone mineral density and dementia in older women: insights from the Longevity Improvement and Fair Evidence Study.** Age Ageing 2025:epub ahead of print [abstract](#)
14. Zhang Q, Botta R, Xu Y, Wei JC-C, Tung T-H. **Risk of new-onset dementia following COVID-19 infection: a systematic review and meta-analysis.** Age Ageing 2025:epub ahead of print [abstract](#)

Diabetes updates

- 15.Parker MP, Lipska KJ, Gilliam LK, Grant RW, Haide S, Huang ES, et al. **De-prescribing in older adults with type 2 diabetes: associations with patients' perspectives: The Diabetes and Aging Study.** J Am Geriatr Soc 2025;73(4):1155- [abstract](#)

End of life care

- 16.Tam-Tham H, Persaud N, Arya A. **Palliative care consultation teams in long-term care: a descriptive retrospective cohort study.** BMC Pallat Care 2025;24(1):79- [abstract](#)
- 17.Ménard A, Adekoya A, Birchall E, Seetharaman K, Kervin L, Khan K, Baumbusch J. **Between hope and future planning: the dementia journey for care partners through the lens of relational autonomy.** BMC Med Ethics 2025;26(1):39- [abstract](#)

Equity, diversity, inclusion and belonging

- 18.Akrofi JNS, Howe T-H, Njelesani J. **Embracing multiple philosophical orientations in occupational therapy to enhance cultural sensitivity.** Am J Occ Ther 2025:epub ahead of print [abstract](#)
- 19.Banks TM Park K, Gibson K. **Navigating barriers and building bridges: a qualitative exploration of the leadership journeys of black occupational therapists.** Am J Occup Ther 2025:epub ahead of print [abstract](#)
- 20.Behel JM, Lemke S, Singh S. **Ensuring inclusive, affirming care for LGBTQ+ patients – scaling up cultural competency training.** New Eng J Med 2025; 392(14):1358- [abstract](#)
- 21.Coelho DRA, Chen AL, Keuroghlian AS. **Advancing transgender health amid rising policy threats.** New Eng J Med 2025;392(11):1041- [abstract](#) (with audio interview)
- 22.Guerra P, De Maio F, Streed CG. **Facing political attacks on medical education – the future of diversity, equity and inclusion in medicine.** New Eng J Med 2025;392(10):941- [abstract](#)
- 23.Johnson KR, Hamed R, Banks TM, Washington S. **Diversity, equity, inclusion, justice, accessibility, and belonging in occupational therapy practice and education.** Am J Occup Ther 2025:epub ahead of print [abstract](#)
- 24.Khourieh H, Fogel-Grinvald H, Golos A. **Participation and quality of life among older adults: comparison study of ethnic majority and minority groups.** Am J Occup Ther 2025:epub ahead of print [abstract](#)

25. Quesnel-Vallée A, Arpin E. **The Canada Health Act viewed through an equity lens.** Healthc Papers 2025;22(3):29- [abstract](#)
26. Smet N, Andrión JJ. **Amplifying silenced voices: a critical reflection on challenges facing occupational therapy academics with multiple minoritized identities.** Am J Occup Ther 2025: epub ahead of print [abstract](#)
27. Srivastava R. **Commentary: understanding and disrupting whiteness in nursing.** Can J Nurs Leadersh 2025;37(3):45- [abstract](#)

Evidence based decision making

28. Farus-Brown S, Fineout-Overholt E, Hays D, Zonsius MC, Milner KA. **Critical appraisal of evidence: synthesis and recommendations.** Am J Nurs 2025; 125(1):38- [abstract](#)

Healthy aging v frailty

29. Lee JW, Li J, Szanton SL, Li Q, Liu M, Hladek MD. **Higher patient activation is associated with lower odds of functional limitation in older adults with chronic diseases.** Geriatr Nurs 2025;61:157- [abstract](#)

Leadership

30. Edmondson AC, Kerrissey MJ. **What people get wrong about psychological safety.** Harv Bus Rev 2025: epub ahead of print [abstract](#)
31. Galinsky AD. **What sets inspirational leaders apart.** Harv Bus Rev 2025: epub ahead of print [abstract](#)
32. Rommetty G. **When hiring, emphasize skills over degrees. Former IBM CEO explains how a skills-first mindset builds resilient teams and organizations** :Harv Bus Redv 2025: podcast available at this [link](#)

Ethics Corner

Cheung A, O'Leary ST, Temte JL. **Deciding whether to accept an unvaccinated child into a pediatric practice.** New Eng J Med 2025;392(5): 510- [abstract](#)

Medication management

33. Fried TR, Ouyang N, Gnjdjic , Green A, Hilmer S, Holmes HM, et al. **Communication as a key component of deprescribing: Conceptual framework and review of the literature.** J Am Geriatr Soc 2025;73(3): 717- [abstract](#)

34. Gurwitz JH. **Pulling back the curtain on de-prescribing interventions.** J Am Geriatr Soc 2025;73(4):1002- [abstract](#)
35. Green AR, Rosado RQ, Daddato AE, Wec A, Gleason K, McPhail TT, et al. **Aligning medications with what matters most: conversations between pharmacists, people with dementia, and care partners.** J Am Geriatr Soc 2025;73(4):1189- [abstract](#)

Mental health

36. Abbasi M, Radfar M, Jafarizadeh H, Khalkhali H. **Does life story work based on Erikson's theory enhance psychological well-being in elderly residents of nursing homes? A randomized controlled trial.** Geriatr Nurs 2025;61:140- [abstract](#)
37. Ren Y, Wu B, Ge C, Shi L, Zhang C, Zhu M, Zhao D, Wang L. **Evaluating reliable and clinically significant changes in health outcomes of a mindfulness-based cognitive defusion training program among older adults with mild cognitive impairment: a randomized controlled trial.** Age Ageing 2025:epub ahead of print [abstract](#)
38. Voshaar RCO, van Dijk SDM. **New horizons in personality disorders—from neglect to necessity in geriatric care.** Age Ageing 2025:epub ahead of print [abstract](#)
39. Xi Y, Mielenz TJ, Andrews HF, Hill LL, Strogatz D, DiGuseppi C, et al. **Prevalence of depression in older adults and the potential protective role of volunteering: findings from the LongROAD Study.** J Am Geriatr Soc 2025;73(4):1041- [abstract](#)

Nutrition

40. Eggimann AK, Molino CdeGRC, Freystaetter G, Vellas B, Kanis JA, Rizzoli R, et al. **Effect of vitamin D, omega-3 supplementation, or a home exercise program on muscle mass and sarcopenia: DO-HEALTH trial.** J Am Geriatr Soc 2025;73(4):1049- [abstract](#)
41. Lee K, Kim S, Liu W. **Assessing eating ability and mealtime behaviors of persons living with dementia: a systematic review of instruments.** Geriatr Nurs 2024;58:76- [abstract](#)
42. Ratelle M, Phillipps B, Skinner K, Lamers Y, Melo L, Laird B, et al. **Nutrition biomarker assessment and exploration of the role of country foods to improve food security in the Sahtú Region, Canada.** Int J Circumpolar Health 2025:epub ahead of print [abstract](#)
43. Tessier A-J, Wang F, Korat AA, Eliassen AH, Chavarro J, Grodstein F, et al. **Optimal dietary patterns for health aging.** Nat Med 2025:epub ahead of print. [abstract](#)

Rehabilitation

44. González de Villaumbrosia C, Barba R, Ojeda-Thies C, Grifol-Clar E, Álvarez-Díaz N, Álvarez-Espejo T, et al. **Predictive factors of gait recovery after hip fracture: a scoping review.** Age Ageing 2025; epub ahead of print [abstract](#)
45. Licciardi L, Lalor A, Olver J, Callaway L. **Occupational therapy practice in adult rehabilitation of persistent postconcussion symptoms: a scoping review.** Am J Occup Ther 2025; epub ahead of print [abstract](#)
46. Leddy JJ. **Sport-related concussion.** New Eng J Med 2025; 392(5):483- [link](#)

Resilience

47. Colón-Emeric C, Walston J, Bartolomucci A, Carroll J, Picard M, Salmon A, et al. **Stress tests and biomarkers of resilience: Proceedings of the second state of resilience science conference.** J Am Geriatr Soc 2025; 73(4):1028- [abstract](#)

New and emerging trends

48. Reimer T, Stachs A, Veselinovic K, Kühn T, Heil J, Polata S, et al. **Axillary surgery in breast cancer – primary results of the INSEMA Trial.** New Eng J Med 2025; 392(11):1051- [abstract](#)

From the Center for Health Design

Two Free Behavioral Health Webinars

WEBINAR | Sensory-Enabled Architecture: Neurodiversity Design for All Environments

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